

Curriculum Vitae

AGORASTOS AGORASTOS MD, PhD, MSc

Assistant Professor of Psychiatry - Aristotle University of Thessaloniki, Greece

II. Department of Psychiatry - Division of Neurosciences - School of Medicine - Faculty of Health Sciences
„G. Papanicolaou“ General Hospital - Psychiatric Hospital of Thessaloniki
Lagkada 196, GR-56430 Stavroupoli, Thessaloniki, Greece
Tel.: +30 2313 324 148 ■ Fax: +30 2310 458 776 ■ Cell: +30 694 386 2465
Email: aagorast@auth.gr ; info@agorastos.net ; agorastos.agorastos@gmail.com

PROFILE

Dr. Agorastos is Assist. Professor of Psychiatry at the Aristotle University of Thessaloniki and Senior Physican at the II. University Dept. of Psychiatry at the Psychiatric Hopsital of Thessaloniki, Greece. He previsouly served as Adj. Assoc. Professor of Psychiatry and Psychotherapy at the University of Hamburg and Head of the Outpatient Psychiatric Services at the University Department of Psychiatry in Hamburg. He received his MD at the University of Vienna, his PhD, clinical and psychotherapeutic training at the University of Hamburg, his postdoc specialization at the VA Center of Excellence for Stress and Mental Health at the University of San Diego, La Jolla, CA, and his MSc in Affective Neuroscience at the Universities of Maastricht and Florence.

Fields of clinical expertise include stress- and trauma-related disorders, anxiety disorders, OCD and treatment-resistant/post-partum depression, while his current research focus centers in stress neurobiology. Dr. Agorastos has received a large number of sholarships, grants, awards, honors and certifications, is active member of several international professional societies, has served as ad hoc reviewer in several international scientific journals and has published a large number of scientific articles in high-rank journals.

CLINICAL SPECIALIZATION

- CBT in depression and anxiety disorders
- Trauma-focused CBT in PTSD
- Treatment-resistant and post-partum depression
- Psychopharmacology and guideline treatment
- Emergency psychiatry and neuropsychiatry

RESEARCH FOCUS

- Neurobiology of stress-related disorders
- Psychoneuroendocrinology and -immunology
- Circadian rhythms and chronodisruption
- Autonomic nervous system and heart rate variability
- Panic provocation

PUBLICATION STATISTICS

Total Impact Factor	PubMed listed Publications	First/Last Authorships	Total Nr. Of Citations	i-10-Index
176.15	47	31	906	20

ACADEMIC & RESEARCH APPOINTMENTS

- since 2019 **International Partner**
 VA Center of Excellence for Stress and Mental Health, UCSD, La Jolla, CA, USA
- since 2018 **Assist. Professor of Psychiatry**
 School of Medicine, Faculty of Medical Sciences, Aristotle University of Thessaloniki (AUTH), Greece
- 2015 - 2017 **Adj. Assoc. Professor of Psychiatry and Psychotherapy**
 Medical Faculty, University of Hamburg, Germany
- 2015 - 2017 **Working Group Leader**
 Psychoneuroimmunology & Autonomic Nervous System Research Group, Dept. of Psychiatry,
 University Medical Center Hamburg, Germany
- 2015 - 2017 **Senior Research Associate**
 Laboratory for Biological Psychiatry, University Medical Center Hamburg, Germany
- 2014 - 2015 **Clinical & Research Coordinator**
 Depression Outpatient Programme, University Medical Center Hamburg, Germany
- 2012 - 2018 **Adj. Research Fellow**
 VA Center of Excellence for Stress and Mental Health, UCSD, La Jolla, CA, USA

CLINICAL APPOINTMENTS

- since 2018 **Senior Physician - Consulting Psychiatrist**
 II. University Dept. of Psychiatry, „G. Papanicolaou“ General Hospital, Thessaloniki, Greece
- 2015 - 2017 **Head**
 Psychiatric Outpatient & Emergency Services Unit, University Medical Center Hamburg
- 2015 - 2017 **Senior Physician - Consulting Psychiatrist**
 Dept. of Psychiatry, University Medical Center Hamburg
- 2012 - 2013 **Medical Psychotherapist (CBT)**
 Outpatient Care Center, University Medical Center Hamburg
- 2012 - 2015 **Attending & Liaison Psychiatrist**
 Dept. of Psychiatry, University Medical Center Hamburg

EDUCATION

- since 2018 **Doctoral Degree (PhD)**
 University of Maastricht, Dept. of Psychiatry (ongoing)
- 2015 - 2016 **International Master in Affective Neuroscience (MSc)**
 University of Maastricht & University of Florence. Master Thesis: „Soldier’s heart revisited: Diurnal
 autonomic dysregulation in battle-related PTSD“
- 2015 **Professorial Thesis (Habilitation)**
 University of Hamburg. Professorial Thesis: „The role of the serotonergic system and traumatic
 stress in autonomic (re)activity: Findings on heart rate variability“

- 2012 - 2014 **Postdoc**
Laboratory for Biological Psychiatry, University Medical Center Hamburg, Germany
- 2011 - 2012 **Postdoc**
VA Center of Excellence for Stress and Mental Health, UCSD, La Jolla, CA, USA
- 2007 - 2010 **Doctoral Degree (PhD)**
University of Hamburg, Dept. of Psychiatry & Center of Interdisciplinary Addiction Research. Thesis:
„Evaluation of addiction services in Cyprus“ (magna cum laude)
- 1999 - 2016 **Medical Degree (MD)**
Medical University of Vienna, Austria

POSTGRADUATE CLINICAL TRAINING

- 2011 **Board Approval & Certification**
Psychiatry and Psychotherapy (CBT), Hamburg Medical Chamber
- 2010 - 2011 **Chief Resident**
(PGY- 4) Dept. of Psychiatry, University Medical Center Hamburg
- 2009 - 2010 **Clinical Residency**
Dept. of Neurology, Bundeswehr Military Hospital Hamburg
- 2009 - 2010 **Progressive Muscle Relaxation & Autogenic Training**
Hamburg Medical Association
- 2006 - 2010 **Clinical Training & Certification in Cognitive-Behavioral Therapy (CBT)**
Hamburg Institute for Cognitive Behavioral Therapy (IVAH)
- 2006 - 2009 **Clinical Residency**
(PGY 1-3) Dept. of Psychiatry, University Medical Center Hamburg

AWARDS

- 2015 **Travel Award** - World Federation of Societies of Biological Psychiatry (WFSBP)
- 2015 **International Travel Award** - Society of Biological Psychiatry (SOBP)
- 2014 **Travel Award** - European Psychiatric Association (EPA)
- 2013 **Young Investigator Award** - International Society of Neuropsychendocrinology (ISPNE)
- 2012 **Travel Award** - American Psychosomatic Society (APS)
- 2009 **Young Researcher Award** - European Psychiatric Association (EPA)

SCHOLARSHIPS

- 2015 **Educational Scholarship** - B. Braun Foundation, Germany
- 2013 **ECNP School of Neuropsychopharmacology** - European College of Neuropsychopharmacology,
Oxford, UK
- 2012 **EPA 2012 Summer School** - European Psychiatric Association, Strasbourg, France
- 2008 **The Maudsley Forum** - Dept. of Psychiatry, King's College, London, UK

RESEARCH GRANTS & SCHOLARSHIPS

- 2015 **Research Grant (Co-PI)**
Werner-Otto Foundation, Germany. Project: „The role of reduced adaptive immune function in the pathobiology of major depression“ (\$50,000)
- 2014 **Excellent Young Investigator Annual Research Scholarship (PI)**
Medical Faculty, University of Hamburg. Project: „Endocrine and autonomic predictors of antidepressant efficacy“ (\$140,000)
- 2011 **Excellent Young Investigator Grant (PI)**
Medical Faculty, University of Hamburg. Project: „Evaluation of meta-cognitive training as add-on cognitive intervention in borderline personality disorder“. (\$50,000)
- 2009 **Complementary Scientific Grant (PI)**
Medical Faculty, University of Hamburg. Apparative upgrade of research group (\$7,000)
- 2008 **Research Grant (PI)**
Bial Fellowship Programme 66/08, Bial Foundation, Portugal. Project: „Spirituality, religious coping and paranormal beliefs in OCD and anxiety disorders“. (\$50,000)

CERTIFICATIONS

- 2017 **EABCT Accrediation Certificate for CBT** - European Association for Behavioral & Cognitive Therapies
- 2016 **ECNP Certificate** - European College of Neuropsychopharmacology
- 2016 **European Certificate in Anxiety and Depression** - University of Maastricht
- 2015 **European Certificate for Psychotherapy (ECP)** - European Association for Psychotherapy (EAP)
- 2012 **CITI Human Subjects Protection / GCP Training** - University of California, San Diego
- 2011 **GCP Clinical Trial Investigator Training** - Medical Faculty, University of Hamburg
- 2008 **Medical Education Teaching Certificate** - Medical Faculty, University of Hamburg

REVIEWER ACTIVITY

Journals

JAMA Psychiatry, Lancet Psychiatry, Br J Psychiatry, Schizophrenia Res, Brain Behav Immun, Psychosom Med, Psychol Med, Psychoneuroendocrinology, Eur Neuropsychopharmacol, World J Biol Psychiatry, Neurol Neurosurg Psychiatry, Front Psychiatry, Int J Psychol Relig, Sleep Med, Psychol Rep, J Nerv Ment Dis, Compr Psychiatry, Int J Mol Sci, Ment Health Relig Cult,, Ann Gen Psychiatry, J Clin Psychopharmacol, Arch Depress Anxiety, etc.

Institutions (Grants)

Dunhill Medical Trust, London, U.K.

EDITORIAL ACTIVITY

- since 2019 **Editorial Board Member / Review Editor-** Frontiers in Neurology / Frontiers in Neuroscience / Frontiers in Psychiatry - Neurodegeneration Special Section

- since 2019 **Associate Editor** - Frontiers in Psychiatry - Mood and Anxiety Disorders Special Section
- 2019 **Guest Editor** - European Journal of Psychotraumatology - Special Issue: „Sleep, Circadian System and Traumatic Stress“
- 2018 **Guest Editor** - Brain Sciences - Special Issue: „Neurobiological Trajectories of Psychological Trauma - Implications for Posttraumatic Stress Disorder (PTSD)“
- since 2016 **Editorial Board Member** - Archives of Depression & Anxiety

MEMBERSHIPS

Scientific Societies

- International Society of Psychoneuroendocrinology (ISPNE)
- American Psychosomatic Society (APS)
- European College of Neuropsychopharmacology (ECNP)
- German Society of Biological Psychiatry (DGBP)
- German Association of Psychiatry and Psychotherapy (DGPPN)
- European Association for Psychotherapy (EAP)
- German National Psychotherapy Organization (DVP)
- Hamburg Medical Association
- Thessaloniki Medical Association
- Greek Association of Psychiatry
- German-Greek Association for Psychiatry (Chair)
- Institute of Biology and Medicine of Stress

Organizing & Scientific Committees

- 1st Eppendorf Conference on Depression, 2014, Hamburg, Germany
- 2nd Eppendorf Conference on Depression, 2015, Hamburg, Germany
- 6th International Congress on Neurobiology, Psychopharmacology & Treatment Guidance, 2019, Chalkidiki, Greece
- 3rd Panhellenic Congress on ADHD, 2019, Thessaloniki, Greece

TEACHING

Undergraduate Teaching

- 2018 Full Lecturer Teaching Approval in Psychiatry, Aristotle University of Thessaloniki
- 2015 Full Lecturer Teaching Approval in Psychiatry and Psychotherapy (Venia legendi), University of Hamburg
- 2011 - 2014 Lecturer proxy: Psychiatry Core Lectures, University of Hamburg
- 2011 - 2017 Course Instructor: Psychiatry Seminars for Medical students, University of Hamburg
- 2006 - 2017 Clinical Instructor: Medical Clerkship students, University Medical Center Hamburg
- 2006 - 2017 Course Instructor: Psychiatry Practical Course for Medical students, University Medical Center Hamburg

Postgraduate Teaching

- since 2018 Full Doctoral Supervisor approval in Psychiatry, Aristotle University of Thessaloniki
- since 2018 Full Clinical Supervision approval for Attending Psychiatrists, Psychiatric Residents and board-approved Psychologists, Dept. of Psychiatry, Aristotle University of Thessaloniki
- since 2017 Lecturer & Course Instructor for CBT, Greek Association for Behavioral Research (EEES)
- 2015 - 2017 Full Doctoral Supervisor approval in Psychiatry, University of Hamburg
- 2015 - 2017 Full Clinical Supervision approval for Attending Psychiatrists, Residents and board approved Psychologists, University Medical Center Hamburg

- 2014 - 2016 Lecturer & Course Instructor, German Association for CBT (DGVT)
- 2011- 2017 Clinical Instructor and Supervisor, Psychiatric Interns and Psychologists in Training, University Medical Center Hamburg

INVITED TALKS

- 2019 **Rhythms and stress in the pathophysiology of PTSD**
Grand Rounds Lecture, Dept. of Psychiatry, Charite University of Berlin, Germany.
- 2019 **Childhood trauma as a general health risk factor**
27th Annual Greek National Psychiatry Congress, Heraklion, Greece.
- 2019 **Circadian system physiology**
27th Annual Greek National Psychiatry Congress, Heraklion, Greece.
- 2019 **Inflammation and traumatic stress**
27th Annual Greek National Psychiatry Congress, Heraklion, Greece.
- 2019 **Childhood trauma, physical and mental health**
8th Annual Medical Faculty Conference, Aristotle University of Thessaloniki, Greece.
- 2018 **Heart rate variability in psychotic disorders.**
8th Conference of Biopsychosocial Approach in Medical Care, Thessaloniki, Greece.
- 2018 **An alternative history of evolutionary psychopharmacology.**
4th Panhellenic Conference of Applied Pharmacology, Thessaloniki, Greece.
- 2018 **Stress and circadian system interactions.**
2nd International Conference of Evidence Based Mental Health, Kavala, Greece.
- 2017 **Autonomic nervous system and heart rate variability in psychiatric research.**
AGNP German Society of Neuropsychopharmacology Annual Meeting, Munich, Germany.
- 2017 **Findings on heart rate variability in stress research.**
WPA World Congress of Psychiatry, Berlin, Germany.
- 2017 **Understanding brain function through circadian rhythms.**
5th Congress on Neurobiology, Psychopharmacology & Treatment Guidance, Porto Carras, Greece.
- 2017 **Biological trajectories of traumatic stress: Epidemiology and pathophysiology**
1st Conference of Psychological Trauma, Greek Society of Mental Health and Neuropsychiatry in Childhood and Adolescence, Athens, Greece.
- 2017 **Psychopharmacological approaches in depression and anxiety disorders.**
3rd Panhellenic Conference of Applied Pharmacology, Thessaloniki, Greece.
- 2017 **Autonomic nervous system and heart rate variability in PTSD.**
1st Panhellenic Congress, Institute of Biology and Medicine of Stress, Athens, Greece.
- 2016 **Stress and Dali's Clocks: From harmony to disorder.**
Honorary Lecture, University of Hamburg, Hamburg, Germany.
- 2016 **Autonomic nervous system and heart rate variability.**
Grand Rounds Lecture, Dept. of Psychiatry, University Medical Center Hamburg, Germany.
- 2015 **Chronic escitalopram administration blunts autonomic reactivity to pharmacological panic challenge.**
SOBP Annual Meeting, Toronto, Canada.
- 2015 **The 5-HTTLPR genotype modulates heart rate variability and reactivity after pharmacological panic challenge.**
WFSBP Annual Meeting, Αθήνα.

- 2015 **Long-term escitalopram blunts autonomic reactivity to pharmacological panic challenge in healthy men.**
WFSBP Annual Meeting, Αθήνα.
- 2015 **The cumulative effect of childhood trauma on adult mental and physical health: Marine Resiliency Study.**
WFSBP Annual Meeting, Αθήνα.
- 2015 **Post- and peripartum depression**
Grand Rounds Lecture, Dept. of Psychiatry, University Medical Center Hamburg, Germany.
- 2015 **Addiction disorders in pregnancy**
Grand Rounds Lecture, Dept. of Psychiatry, University Medical Center Hamburg, Germany.
- 2015 **Heart rate dynamics in posttraumatic stress disorder.**
AGNP Annual Meeting, Munich, Germany.
- 2014 **Psychopharmacology of Depression: Treatment algorithms.**
Grand Rounds Lecture, Dept. of Psychiatry, University Medical Center Hamburg, Germany.
- 2014 **The cumulative effect of different childhood trauma types on adult mental and physical health.**
Annual German Psychiatry Congress, Berlin, Germany.
- 2014 **Trauma and Depression.**
Annual Depression Congress, University of Hamburg, Hamburg Germany.
- 2013 **IL-6 in plasma and cerebrospinal fluid of healthy humans.**
ISPNE Annual Meeting, Leyden, Netherlands.
- 2013 **The Biology of PTSD.**
Grand Rounds Lecture, Dept. of Psychiatry, University Medical Center Hamburg, Germany.
- 2012 **IL-6 physiology revisited.**
Annual German Psychiatry Congress, Berlin, Germany.
- 2012 **Descriptive Psychopathology and differential diagnosis.**
Grand Rounds Lecture, Dept. of Psychiatry, University Medical Center Hamburg, Germany.
- 2012 **Diminished vagal activity and blunted circadian heart rate dynamics in PTSD.**
ISTSS Annual Meeting, Los Angeles, CA, USA.
- 2012 **Circadian Rhythmicity, Variability and Correlation of Interleukin-6 in Plasma and CSF of Healthy Humans.**
PNIRS Annual Meeting, San Diego, CA, USA.
- 2011 **Religiosity and personal beliefs in OCD and anxiety disorders.**
EPA Annual Meeting, Vienna, Austria.
- 2011 **Psychiatric disorders through a transcultural perspective in migrants.**
CME Center Hamburg, Germany.
- 2011 **Sleep and depression in patients with severe visual field defects: The chronodisruption theory in glaucoma.**
ISPNE Annual Meeting, Berlin, Germany.
- 2011 **Depression, anxiety and prolonged sleep latency in glaucoma: Evidence for circadian rhythm alteration?**
SOBP Annual Meeting, San Francisco, CA, USA.
- 2010 **Religiosity and paranormal beliefs and magical ideation in patients with anxiety disorders.**
EPA Annual Meeting, Munich, Germany.
- 2010 **Depression and sleep disorders in progressed glaucoma: An indication for melatonergic antidepressants?**
EPA Annual Meeting, Munich, Germany.
- 2010 **The psychopathology of epileptic seizures.**
Grand Rounds Lecture, Dept. of Neurology, Military Health Services Hamburg, Germany.
- 2010 **Melatonin: Neuroendocrinological mechanisms of neuroprotectivity and psychopathology.**
Grand Rounds Lecture, Dept. of Neurology, Military Health Services Hamburg, Germany.

- 2009 **Addiction services in Cyprus: Results of the EU Twinning project evaluation.**
EPA Annual Meeting, Lisbon, Portugal.
- 2009 **Suchttherapie in Europa - Perspektiven aus dem Drogenhilfesystem in Zypern.**
Annual German Addiction Congress, Berlin, Germany.
- 2009 **Acute onset of sporadic Creutzfeld-Jakob Disease mimics post-traumatic reaction: A case report.**
Annual German Psychiatry Congress, Berlin, Germany.
- 2009 **Trends in the utilization of the Cyprus addiction services.**
Annual German Psychiatry Congress, Berlin, Germany.
- 2009 **EU-Twinning Evaluation of Addiction Services in Cyprus.**
Annual German Psychiatry Congress, Berlin, Germany.

LANGUAGES SPOKEN

Greek: Native Speaker

English: Proficient Speaker (C2)

German: Proficient Speaker (C2)

PUBLICATION INDEX

ORIGINAL PEER-REVIEWED ARTICLES

47. Chatziioannidis S, Andreou C, **Agorastos A**, Kaprinis S, Malliaris Y, Garyfallos G, Bozikas VP.
The role of attachment anxiety in the relationship between childhood trauma and schizophrenia-spectrum psychosis.
Psychiatry Res 2019; 276: 223-231. (IF 2018: **2.68**)
46. **Agorastos A**, Pervanidou P, Chrousos GP, Baker DG.
Developmental trajectories of early life stress and trauma: A narrative review on neurobiological aspects beyond stress system dysregulation.
Front Psychiatry 2019; 10: 118. (IF 2017: **2.86**)
45. **Agorastos A**, Heinig A, Stiedl O, Hager T, Sommer A, Müller JC, Schruers KR, Wiedemann K, Demiralay C.
Vagal effects of endocrine HPA axis challenges on resting autonomic activity assessed by heart rate variability measures in healthy humans.
Psychoneuroendocrinology 2019; 102: 196-203. (IF 2017: **4.73**)
44. **Agorastos A**, Hauger RL, Barkauskas DA, Lerman IR, Moeller-Bertram T, Snijders C, Haji U, Patel PM, Geraciotti TD, Chrousos GP, Baker DG.
Relations of combat stress and posttraumatic stress disorder to 24-h plasma and cerebrospinal fluid interleukin-6 levels and circadian rhythmicity.
Psychoneuroendocrinology 2019; 100: 237-45. (IF 2017: **4.73**)
43. **Agorastos A**, Pervanidou P, Chrousos GP, Kolaitis G.
Early life stress and trauma: developmental neuroendocrine aspects of prolonged stress system dysregulation.
Hormones 2018; 17(4): 507-20. (Impact Factor 2017: **1.71**)
42. Patas K, Willing A, Demiralay C, Engler JB, Lupu A, Ramien C, Schäfer T, Gach C, Stumm L, Chan K, Vignali M, Arck PC, Friese MA, Pless O, Wiedemann K, **Agorastos A***, Gold SM* (shared last authorship).
T cell phenotype and T cell receptor repertoire in patients with major depressive disorder.
Front Immunol 2018; 9: 291. (IF 2017: **5.51**)
41. Klueen LM, **Agorastos A**, Wiedemann K, Schwabe L.
Cortisol boosts risky decision-making behaviour in men but not in women.
Psychoneuroendocrinology 2017; 84: 181-9. (IF 2016: **4.79**)
40. Klueen LM, **Agorastos A**, Wiedemann K, Schwabe L.
Noradrenergic stimulation impairs memory generalization in women.
J Cogn Neurosci 2017; 29(7): 1279-91. (IF 2016: **3.11**)

39. Demiralay C, **Agorastos A**, Yassouridis A, Jahn H, Wiedemann K, Kellner M.
Copeptin – A Potential Endocrine Surrogate Marker of CCK-4-induced Panic Symptoms?
Psychoneuroendocrinology 2017; 76: 14-18. (IF 2016: **4.79**)
38. Klueen LM, Nixon P, **Agorastos A**, Wiedemann K, Schwabe L.
Impact of stress and glucocorticoids on schema-based learning.
Neuropsychopharmacology 2017; 42(6): 1254-61. (IF 2015: **6.40**)
37. **Agorastos A**, Linthorst ACE.
Potential pleiotropic beneficial effects of adjuvant melatonergic treatment in posttraumatic stress disorder.
J Pineal Res 2016; 61(1): 3-26. (IF 2015: **9.31**)
36. **Agorastos A**, Angkaw AC, Johnson HE, Hansen CJ, Cook CV, Baker DG.
Peritraumatic Behavior Questionnaire - Observer Rated: Validation of the objective version of a measure for combat-related peritraumatic stress.
World J Psychiatry 2016; 6(2): 226-32.
35. de Lorent L, **Agorastos A**, Yassouridis A, Kellner M, Muhtz C.
Auricular Acupuncture Versus Progressive Muscle Relaxation in Patients with Anxiety Disorders or Major Depressive Disorder - A Prospective Parallel Group Clinical Trial.
J Acupunct Meridian Stud 2016; 9(4):191-9. (IF 2015: **1.02**)
34. **Agorastos A**, Demiralay C, Stiedl O, Muhtz C, Wiedemann K, Kellner M.
Metabotropic glutamate2/3 receptor agonism facilitates autonomic recovery after pharmacological panic challenge in healthy humans.
Int Clin Psychopharmacol 2016;31(3):176-8. (IF 2015: **2.41**)
33. Demiralay C, **Agorastos A**, Steiger A, Yassouridis A, Wiedemann K.
Overnight suppression of HPA axis after mineralocorticoid receptor stimulation: a sleep endocrine study.
Psychiatry Res 2015; 227(1): 65-70. (IF 2014: **2.47**)
32. **Agorastos A**, Lederbogen F, Otte C.
[Depression in coronary heart disease].
Nervenarzt 2015; 86(3): 375-85. (IF 2014: **0.81**)
31. **Agorastos A**, Pittman JOE, Angkaw AC, Nievergelt CM, Hansen CJ, Aversa LH, Parisi SA, Barkauskas DA, The Marine Resiliency Study Team, Baker DG.
The cumulative effect of multiple childhood trauma types on self-reported symptoms of adult depression, PTSD, substance abuse and health-related quality of life in a large active-duty military cohort.
J Psychiatr Res 2014; 58: 46-54. (IF 2013: **4.09**)

30. **Agorastos A**, Kellner M, Stiedl O, Muhtz C, Wiedemann K, Demiralay C.
Long-term escitalopram administration moderates autonomic reactivity to pharmacologic panic challenge in men.
Int J Neuropsychopharmacol 2014; 18(5). pii:pyu053 (IF 2013: **5.26**)
29. **Agorastos A**, Kellner M, Baker DG, Otte C.
When time stands still. An integrative review on the role of chronodisruption in PTSD.
Curr Opin Psychiatry 2014; 27: 385-92. (IF 2013: **3.55**)
28. Eraly SA, Nievergelt CM, Maihofer AX, Barkauskas DA, Biswas N, Schork NJ, **Agorastos A**, O'Connor DT, Baker DG.
Pre-deployment plasma C-reactive protein concentration: Marker of PTSD risk and resilience?
JAMA Psychiatry 2014; 71(4): 423-431. (IF 2013: **13.75**)
27. **Agorastos A**, Hauger RL, Moeller-Bertram T, Barkauskas DA, Clopton P, Haji U, Lohr J, Patel P, Chrousos GP, Baker DG.
Circadian rhythmicity, variability and correlation of interleukin-6 levels in plasma and CSF of healthy humans.
Psychoneuroendocrinology 2014; 44: 71-82. (IF 2013: **5.59**)
26. **Agorastos A**, Kellner M, Stiedl O, Muhtz C, Becktepe JS, Wiedemann K, Demiralay C.
The 5-HTTLPR genotype modulates heart rate variability and its adjustment by pharmacological panic challenge in healthy men.
J Psychiatr Res 2014; 50: 51-8. (IF 2013: **4.09**)
25. Demiralay C, **Agorastos A**, Steiger A, Wiedemann K.
Sleep EEG effects of antigluco- and antimineralocorticoids in old-aged males: A pilot study.
Psychiatry Clin Neurosci 2014; 68(5): 383-7. (IF 2013: **1.62**)
24. **Agorastos A**, Huber CG, Demiralay C.
Influence of religious aspects and personal beliefs on psychological behaviour: Focus on anxiety disorders.
Psychol Res Behav Manag 2014; 7: 93-101. (IF 2012: **1.95**)
23. **Agorastos A**, Skevas C, Matthaei M, Otte C, Klemm M, Richard G, Huber CG.
Depression, anxiety and disturbed sleep in patients with progressed glaucoma.
J Neuropsychiatry Clin Neurosci 2013; 25: 205-13. (IF 2012: **2.40**)
22. Hinkelmann K, Muhtz C, Dettenborn L, **Agorastos A**, Wingenfeld K, Spitzer C, Kirschbaum C, Wiedemann K, Otte C.
Association between childhood trauma and low hair cortisol in depressed patients and healthy controls.
Biol Psychiatry 2013; 74(9): e15-7. (IF 2012: **9.24**)
21. Schilling L, Köther U, Nagel M, **Agorastos A**, Moritz S.
Kognitive Verzerrungen bei Patienten mit einer Borderline-Persönlichkeitsstörung und deren Behandlung durch das «Metakognitive Training–Borderline» [article in German].
Z Psychiatr Psychol Psychother 2013; 61(4): 239-46. (IF 2012: **1.98**)

20. Hinkelmann K, Muhtz C, Dettenborn L, **Agorastos A**, Moritz S, Wingenfeld K, Spitzer C, Gold S, Wiedemann K, Otte C. Association between cortisol awakening response and memory function in major depression. Psychol Med 2013; 43(11): 2255-63. (IF 2012: **5.59**)
19. **Agorastos A**, Nash WP, Nunnink S, Yurgil KA, Goldsmith A, Goldwaser G, Litz BT, Johnson H, Lohr JB, Baker DG. The Peritraumatic Behavior Questionnaire: Validation and predictive power of a newly-developed measure for combat-related peritraumatic reactions. BMC Psychiatry 2013;13: 9. (IF 2012: **2.23**)
18. **Agorastos A**, Boel JA, Heppner PS, Hager T, Moeller-Bertram T, Haji U, Motazed A, Yanogi MA, Baker DG, Stiedl O. Diminished vagal activity and blunted circadian changes of heart rate dynamics in posttraumatic stress disorder. Stress 2013; 16(3): 300-10. (IF 2012: **3.25**)
17. **Agorastos A**, Wiedemann K. Encephalopathy associated with autoimmune thyroiditis with clinical steroid non-response and remission after cyclophosphamide. J Neuropsychiatry Clin Neurosci 2013; 25(1): E17-8. (IF 2012: **2.40**)
16. **Agorastos A**, Huber CG. Vanishing white matter disease: A case of severe adult onset with prolonged course under anticonvulsive therapy. J Neuropsychiatry Clin Neurosci 2012; 24(4): E24-5. (IF 2011: **2.50**)
15. Huber CG, **Agorastos A**. We are all Zombies anyway: Aggression in Cotard's Syndrome. J Neuropsychiatry Clin Neurosci 2012; 24(3): E21. (IF 2011: **2.50**)
14. Huber CG, Fischer M, Mohr M, **Agorastos A**. Sudden Worsening of Ross Syndrome after Glucocorticoid Withdrawal Emerges as Panic Disorder: A Case Report. J Neuropsychiatry Clin Neurosci 2012; 24(2): E28-29. (IF 2011: **2.50**)
13. **Agorastos A**, Metscher T, Huber CG, Jelinek L, Vitzthum F, Muhtz C, Kellner M, Moritz S. Religiosity, magical ideation and paranormal beliefs in anxiety disorders and OCD: A cross-sectional study. J Nerv Ment Dis 2012; 200(10): 876-84. (IF 2011: **1.68**)
12. Huber CG, Hoppe A, **Agorastos A**, Andresen B, Naber D, Schroeder K. Are ratings on the positive and negative syndrome scale for schizophrenia biased by personality traits? Pharmacopsychiatry 2012; 45(4): 156-61. (IF 2011: **2.07**)
11. **Agorastos A**, Haasen C, Huber CG. Anxiety disorders through a transcultural perspective: Implications for migrants. Psychopathology 2012; 45(2): 67-77. (IF 2011: **1.82**)

10. Huber CG, Schöttle D, Lambert M, Hottenrott B, **Agorastos A**, Naber D, Schroeder K.
Brief Psychiatric Rating Scale - Excited Component (BPRS-EC) and neuropsychological dysfunction predict aggression, suicidality, and involuntary treatment in first-episode psychosis.
Schizophrenia Res 2012; 134(2-3): 273-8. (IF 2011: **4.75**)
9. Hinkelmann K, Botzenhardt J, Muhtz C, **Agorastos A**, Wiedemann K, Kellner M, Otte C.
Sex differences of salivary cortisol secretion in patients with major depression.
Stress 2012;15(1): 105-9. (IF 2011: **2.48**)
8. **Agorastos A**, Marmar CR, Otte C.
Immediate and early behavioral interventions for the prevention of acute and posttraumatic stress disorder.
Curr Opin Psychiatry 2011; 24(6): 526-32. (IF 2010: **3.00**)
7. **Agorastos A**, Zurhold H, Verthein U, Degkwitz P, Petridou A, Haasen C.
Addiction services in Cyprus: Results of a EU Twinning Project.
Drugs Educ Prev Policy 2011; 18(5): 340-52. (IF 2010: **0.42**)
6. **Agorastos A**, Huber CG.
The role of melatonin in glaucoma: Implications for pathophysiological relevance and therapeutic potential.
J Pineal Res 2011; 50(1): 1-7. (IF 2010: **5.85**)
5. **Agorastos A**, Kijak AD, Yamamura J, Spauchsus A, Huber CG.
Acute non-lethal Marchiafava-Bignami disease with posterior leucoencephalopathy and split-brain syndrome.
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Agorastos Agorastos MD, MSc, PhD
Assist. Professor of Psychiatry - Aristotle University of Thessaloniki